



December 2019

Dear Friend,

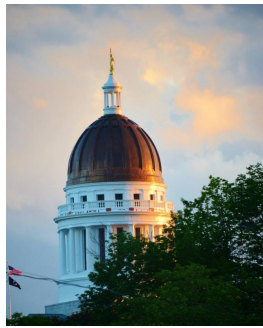
I hope your December has been filled with holiday cheer and that your 2019 is coming to a joyful close. I have been celebrating the season with friends, family and our community, and have enjoyed seeing many of you out and about.

Once the holidays end, the 129th Legislature will reconvene. On Jan. 8, my colleagues and I will return to the State House for our second session. This session I am sponsoring legislation that will prohibit the use of pelvic exams on unconscious patients without consent. This is a practice that has been used at teaching hospitals across the country. If passed, Maine would join Hawaii, California, Illinois, New York, Virginia, and Oregon in explicitly banning this practice.

I am also introducing LD 102, which creates a minimum post-consumer recycled (PCR) content requirement for all plastic beverage containers sold in Maine beginning with 25% PCR by 2025 and increasing it to 30% in 2030. This bill will benefit our environment, municipalities, waste handlers, sorting facilities, recycling processors and beverage manufacturers.

I will also continue to serve on the Energy, Utilities and Technology Committee. I was happy to attend this week's solar open house to review the proposed solar farm site in Rockport. This is an exciting project and a direct result of my committee's work last session. This week I also participated in a strategy session with members of Islesboro's Economic Sustainability Corporation and Commissioner Johnson of the Department of Economic and Community Development.

Representing the needs and interests of our district is at the heart of all I do, whether in Augusta or in the Midcoast.



Please continue to let me know if there are any services I can provide or questions I can answer, and reach out with any ideas or suggestions you have for me.

Happy holidays and my best wishes for a great New Year!

Vicki

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Meet my newest constituent!



On December 8th, Ed and I welcomed our first grandchild, Atlas Archer Doudera. My son Matt and his wife Sarah are now experiencing all the joys of parenthood. I couldn't ask for a better Christmas gift!

Toys for tots



Earlier this month, I joined other volunteers to support Toys for Tots. Thank you to the Nativity Lutheran Church for hosting this great event. It was a wonderful way to kick off the holiday season. Photo by Mark Haskell.

Calling all caregivers

Are you a family caregiver or do you know one? If so, please complete and share this [caregiver survey](#). Maine is in the process of creating the next "State Plan on Aging," and your input to the survey will help drive the caregiver recommendations in the plan.

The Census is coming!

The 2020 Census is coming to your mailbox on April 1. An accurate count will ensure that our community gets the right amount of state and federal funding and proper representation in the Maine State House and in Washington. Check out [this video](#) and make sure to get counted!

